



Welcome to the July 2021 issue of the LeadingAge California **iNSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **I**ntegrate **fuN**, **S**ustainable, **P**rogramming that is **I**nnovative, **R**ewarding and **E**nriches (**iNSPIRE**) Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

For more information, visit the iNSPIRE Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

iN2L On-Site Trainings Wrapping Up

June and July were busy months for iNSPIRE Project participants. iN2L's expert trainers made their way through California to provide personalized on-site training to all 60 participating communities.

Skilled nursing staff members practiced creating My Page profiles for residents, explored new and exciting iN2L content, and even put the pedal to the metal when trying out the driving simulator!

Thank you to all the staff members who participated in the trainings. Administrators, CNAs, DONs, Activity Directors, and more, you set aside time in your busy schedule to improve the quality of life for your residents through the iN2L program. Thank you for all that you do – we appreciate you!

Pictured below (from top left to bottom right) – **Artesia Christian Home Skilled Nursing** (Artesia), **American River Center** (Carmichael), **Regency Oaks Post Acute Care Center**, (Long Beach), and **West Anaheim Extended Care** (Anaheim).



iNSPIRE Project 101

Launched in April 2020, the iNSPIRE Project is in its second year. Your community may have experienced some staff turnover since first joining the project – or maybe you need an iNSPIRE Project 101 refresher yourself. Here are five important things that project participants should know:

What Is the iNSPIRE Project?

CDPH and CMS Region IX awarded a civil monetary penalty (CMP) grant of \$2.6 million to the LeadingAge California Foundation to implement the engaging, computer-based program, iN2L, in skilled nursing facilities.

What Are the Objectives?

Through quarterly submission of your community's facility-level CASPER report and QOL and Activity Participation surveys, the project includes evaluation of quality of care, and quality of life, through two measurable objectives:

- Reduce antipsychotic use by twenty percent (20%)
- Increase participation in person centered activities by twenty percent (20%)

Who Is Eligible?

Only 60 California skilled nursing facilities were accepted into the project – and your community was one of them!

How Long Is the Project?

This is a three-year project, starting in April 2020 and ending in March 2023.

Is There a Cost?

There is no cost to participate. All equipment, software, and training is provided to your community through the grant. The equipment is yours to keep and we encourage you to begin paying for the iN2L subscription at the conclusion of the grant-funded 24 months.

If you have any questions about the iNSPIRE Project or the objectives of the grant, contact Amanda Davidson by [email](#) or phone at (916) 469-3385.

Pedal Power!



A resident and staff member at **Eskaton Care Center Manzanita** (Sacramento) give a 'thumbs up' after using iN2L's bike simulator to take a morning ride through the Redwood Forest!

We want to hear from you! If you'd like to share a photo or story to be featured in this newsletter, click [here](#)!

Coming Soon

Don't forget to add these important dates to your calendar!

iNSPIRE Project Best Practices Meeting

Wednesday, July 28

2:00 PM - 2:30 PM

Register [here](#)!

Several weeks have passed since your community's in-person iN2L training. Did you learn anything new during the training that has helped you utilize the iN2L systems? What have you been doing differently since the training? Come ready to share what you're doing (or what you may need more help with) - we want to hear from you!

Attend this 30-minute best practices meeting to get your iNSPIRE Project questions answered. Your support team and your peers will be available to respond to your questions, offer solutions and best practices, as well as share a few tips and tricks. This is an optional and informal meeting designed to support you and the implementation and integration of the iN2L program in your community. These best practices meetings will be held monthly.

**2021 - 2022 Quarterly Reporting Due Dates:
CASPER Report, Quality of Life (QOL), and Activity Participation Surveys**

September 17, 2021

December 17, 2021

March 18, 2022

June 17, 2022

September 16, 2022

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report, Quality of Life (QOL), and Activity Participation surveys are important evaluation tools and your timely submission of these are greatly appreciated every quarter.

[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

Questions? Please Contact Us.

CONNECT WITH US



Amanda Davidson | LeadingAge CA
1315 I Street, Suite 100, Sacramento, CA
[Unsubscribe](#) - [Unsubscribe Preferences](#)